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# 03/21/1995 - Collegiate Board Holds First Annual Health Conference.pdf

University Marketing and Communications

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March 21, 1995

FOR IMMEDIATE RELEASE:

COLLEGIATE BOARD HOLDS FIRST ANNUAL HEALTH CONFERENCE

CHARLESTON -- Eastern Illinois University's Collegiate Board of the March of Dimes is sponsoring its first annual Health Conference from 10 a.m. to 3 p.m. on Saturday, April 1, in Eastern's University Union.

The conference, primarily for fifth through eighth graders, will address a variety of health issues, such as stress, drugs and alcohol and self-esteem. Sessions on peer pressure, cosmetics and self-defense also will be offered.

The conference is sponsored by Eastern students who belong to the College Board of the March of Dimes.

Registration is \$5 and includes lunch. On-site registration begins at 9:30 a.m. on Saturday in the University Union.

For more information on the March of Dimes and/or conference registration, please call Terry at the March of Dimes office at (217)235-0017 or Keith Lipke at (217)581-5117.

The mission of the March of Dimes is to improve the health of babies by preventing birth defects and infant mortality through community service, advocacy,

-more-

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## HEALTH CONFERENCE

research and education. Through research funded by the March of Dimes, many defects can now be detected and corrected in a child before birth.

A smaller organization of the March of Dimes is the College Board, which has been in existence for approximately two years. Eastern became the second college in the United States to establish a college board.